

Hip Hop Classes!

Kids Hip Hop classes are for ages between 6-10 years. We focus on the basic techniques of Hip Hop, we also create a relaxed environment for all students while they are having fun learning.

We also teach the importance of warming up our muscles before we dance and cooling down our bodies at the end of each lesson.

Students then are invited to be apart of a mini performance held for the family and friends at the end of each term.

Mums n Bubs Fitness Classes!

Mums n Bubs classes is a complete workout consisting of simple and easy to follow dance movements done with your child all while you exercise.

Our program focuses on enhancing your endurance, flexibility and muscle strength throughout the entire lesson.

As well as the physical benefits, the opportunity to meet other mums in a fun and relaxed environment can boost your confidence and wellbeing.

Wedding Dance Classes!

Our private wedding dance classes provide you with as many lessons as you need in preparation for your big day.

Everything from the bridal waltz or bridal party routine to that special dance with a parent or child, we guarantee to tailor a dance suitable for your needs.

What makes us different from the rest?
We come to you!

In the comfort of your own home where there are no mirrors to judge and you feel more relaxed being in a familiar environment. During the one hour class we want you to feel at ease the moment you start your lessons.

We leave the song choice up to you, we then tailor a dance where you feel confident and are able to build on the steps over time.

Can't decide on a song?

We are more than happy to help you with your song choices, we also offer our editing service for a small one off fee, this is where we can mix specific songs together to create the perfect tune for you.



Specialises in-

- * Programs for Early Years & Schools
- * Zumba Fitness Classes
- * Wedding Dance Classes
- * Kid's Parties
- * School Disco's & Socials
- * Burlesque Men's Parties
- * Hip Hop Classes
- * Mums n Bubs Classes

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Dance Programs!

Our dance programs are specifically designed for all age groups offering different genres and arco lessons. During the sessions children will develop a wide range of different techniques and skills.

All our programs link to the Australian National Curriculum and we work very closely with all the educators and teachers on these foundations that are very important for the children's development.

We also offer special performances and recreate the dances learnt throughout the course. We focus on getting every child involved and make sure it is a memorable event for all.

We specialise in the following:

- End of year concerts
- Dance presentations
- Cultural celebrations
- Christmas parties
- School assemblies
- Graduations

Our staff have many years of training and experience plus an updated DCSI check, Mandated notification training, First aid certificate and Certificate III in children's services.

Kids Parties & Discos

We come to your venue of choice and provide entertainment for everyone, we create a structured but fun atmosphere tailored to each age group.

Our parties are designed to keep everyone on the dance floor, with age appropriate music and games plus our famous lighting equipment and prizes for the kids. With your very own energetic Beatz instructor, we guarantee everyone will be having a blast.

Karaoke dance parties are where children feel like real pop stars, all microphones are provided and we offer the lyrics on screen too. Each child will get a turn singing their favourite songs while others have a dance. We also can incorporate some games into the party.

Hens Parties!

Our experienced instructors are professional and know how to make you feel glamorous, teaching you all the signature moves of the Burlesque dance.

During the one hour class each guest will receive a feather boa to practice with and will be taught a full choreographed routine that you'll master with our help.

The easy to follow steps will make you want to learn more. The good thing is you don't need to have any experience, just a willingness to let loose, have fun and give it a go.



We take the 'work' out of workout, by mixing low and high intensity moves for an interval-style, calorie-burning dance fitness party.

The benefit of the class is combining all elements of fitness including cardio, it also boosts your energy every time you work out. This class is suitable for all ages and fitness levels.



Active older adults who are looking for a modified Zumba class that recreates the original moves you love at a lower intensity.

The design of the class introduces easy-to-follow Zumba choreography that focuses on balance, range of motion, cardiovascular, muscle conditioning, flexibility and coordination.



These classes feature kid-friendly routines based on the original Zumba choreography.

We break down the steps; add games, activities and cultural exploration elements into the class structure.

The benefits of the class are to help develop a healthy lifestyle and incorporate fitness as a natural part of children's lives by making fitness fun.